

# Cleaning Schedule Worksheet - A

## Daily Cleaning


List all clothes laundry by person/hamper and each separate load. i.e. whites, jeans, darks. This helps to keep the laundry loads equally spread out. List any other laundry.


List the names of the bedrooms and bathrooms. Towels and bedding should be associated with these rooms but not clothing.

Bedrooms	
Room Name	Laundry

Bathrooms	
Room Name	Laundry

List every room other room and cleaning tasks associated with them. Include Hallways and stairs if applicable.



# Cleaning Schedule Worksheet - B

Create Balanced Groups that are realistic as to what you can get done in a day. If doing an A/B schedule, plan accordingly with that.

Monday - A	

Monday - B	

Tuesday - A	

Tuesday - B	

Wednesday - A	

Wednesday - B	

Thursday - A	

Thursday - B	

Friday - A	

Friday - B	

Saturday - A	

Saturday - B	

# Daily Jobs A


- Monday A -


- Tuesday A -


- Wednesday A -


- Thursday A -


- Friday A -


# Daily Jobs B


- Monday B -


- Tuesday B -


- Wednesday B -


- Thursday B -


- Friday B -


